

INTEGRATIVE GUITAR



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Areas Strengthened Through Guitar Education

Physiological

- Finger strengthening & individualization
- Strengthening muscles and building fine motor control.
- Performing different tasks with each hand.
- The guitar provides a challenge that motivates and through repetition can help strengthen physical weaknesses.

Cognitive/Emotional

- Music provides students with the opportunity to socialize and interact with others fulfilling the need for acceptance, individuality, and accomplishment.
- Music is, at its most fundamental level, a form of communication. Performing and “jamming” interactively is an exercise which builds communication skills.

Tactics/Methodologies

- **Be adaptive**
- **Follow routines**
- **Observe and communicate with student**
- **Reinforce**
- **Use tactile and visual aids when necessary**
- **Color code music and break it down into smaller pieces**
- **When progress is slow, be patient and focus on social and emotional benefits**
- **Clear communication with parents**
- **Assume competency until proven otherwise**
- **Document expectations in a very detailed manner**
- **Create a practice log with checklists for the student**
- **Identify and incorporate kinesthetic, auditory, and visual learning styles; adapt accordingly**

For more detailed information visit

www.integrativeguitar.com